

# Step up engine – Freshwater Bay Paddleboard Co. two-piece adjustable carbon paddle

**Review & pics:** Tez Plavenieks

SUP paddles are so specific. It's extremely important to get the right type for your style and way of paddling. Oftentimes riders miss the importance of SUP paddles, thinking more about the board. You certainly need a platform to stand on but, with the paddle being stand up's defining piece of kit, due attention should be given to the 'engine'. But where to start?



## Price:

£165

## Info:

<https://freshwaterbaypaddleboards.co.uk/product/matt-carbon-paddle/>



Fortunately, Isle of Wight based Freshwater Bay Paddleboard Co's two piece carbon adjustable SUP paddle is a worthy consideration when looking at upgrade options. Even if you know little about paddle performance, what suits you best and which model to go for this'll start you off on the correct footing.

With quality manufacturing and attention to detail, the Freshwater Bay Paddleboard Co. two piece carbon adjustable paddle is lightweight yet robust. It features an anti-twist shaft and easily adjustable settings with a visual

gauge on the top part of its shaft. The mid section is fairly stiff leading to a wide blade with a flat face. During the catch and pull part of the stroke, this delivers a fair bit of power allowing riders to dig deep and paddle with a slower cadence. Not everyone wants to sweep at high cadence, so having the option to stroke slower but get the same result is a good thing.

It should be noted how comfortable the paddle

is in hand. It feels dependable and solid. Plus, although I wasn't actively going out of my way to belt rocks and solid objects, it's definitely durable. Less than careful riders will tank the brand for this, not needing to delicately place it when not in use.

Rounding out a nice mid-range SUP paddle is the inclusion of the padded bag. Even though the Freshwater Bay Paddleboard Co' two piece carbon adjustable SUP paddle will take a few knocks it's nice to know you can protect it properly when off the water.



## CONCLUSION

Having tested the brand's three piece version for last issue the two-piece comes in being slightly more efficient. Having less moving parts is a good thing when it comes to SUP paddles. This isn't to say either are bad. They're not. But personally, I'd stump for this model. With its accurate power delivery and ability to dig the Freshwater Bay Paddleboard Co. two piece carbon adjustable SUP paddle is worth the upgrade and should definitely be considered as your step up 'engine'.

