

Freshwater Bay PADDLEBOARD C^o



10'6 All-round
iSUP



11'5 Compact
Touring iSUP



INFLATABLE
STAND UP PADDLE BOARD
INSTRUCTION MANUAL



INFLATING YOUR FRESHWATER BAY PADDLEBOARD

Unfold on the ground, attach hose to pump, and set the pump to double-action using the lever



Ensure valve is in the 'up' position so that the valve is closed. (the yellow button in the middle). Attach end of hose using the bayonet fitting, and twist until 'locked' on to the valve.

Pump the board to approx 10PSI with the pump on double-action (this puts air into the board on both the up-stroke and the down-stroke)



Once at approx 10PSI (or when pumping gets difficult), switch the pump to single-action and continue pumping until the board is at 15PSI. Once 15PSI has been reached, remove the pump and insert the valve cover.



ADD LEASH AND FIN



Attach the leash to the D-Ring at the tail of the board.

Turn the board over to fit the centre fin. Take the fin plate and screw from the orange repair kit tube and slide the plate into place via the square opening in the centre of the finbox.

Fit the lugs on the bottom of the fin into the channel in the finbox and slide the fin into position (it may take a bit of jiggling to slide it back and forth).

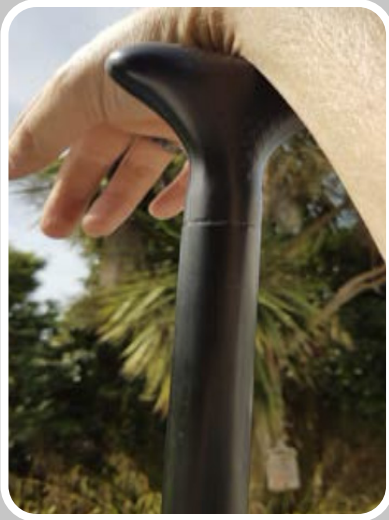


Line up the screw hole in the fin with the hole in the metal fin plate, and insert screw. Turn until tight.



3-PIECE PADDLE

Finally set up the 3 –piece adjustable paddle.
Adjust the height so that your wrist sits comfortably at the top of the handle. Ensure the handle and blade are aligned.



Enjoy your paddle. Always wear a leash to stop you getting separated from your board should you fall off – the only exception to this is if you are paddling on a fast flowing river/rapids.

DEFLATION

To deflate your board, hold down the yellow button in the centre of the valve to release some of the pressure. After a few seconds, twist the button 90 degrees to lock it in the open position.

Most of the air will release naturally, but you can start rolling the board from the front to push the remaining air out. Once the air has been removed, twist the button to close the valve and replace cap. Wash board and paddle in fresh water at earliest convenience.



Scan the QR Code to watch video instructions on our website
at freshwaterbaypaddleboards.co.uk

